



Brindishe  
Manor

# Newsletter

Friday 13th September 2024

Dear Parents and Carers,

It has been a great first full week back at school! We have now welcomed our Nursery children and they are settling in really well. We have also extended our time with our Reception children and they are getting used to the routines and structure of the day. I also want to continue to extend that welcome to some new families that have joined us throughout the school and who will continue to do so over the next few weeks. Please remember that although teachers are busy in the morning settling classes, members of the leadership team and admin team are available each day to receive any messages, or speak to you face to face on the gate.

## Vision and Values

This week in assemblies we have been reminding the children of our Brindishe values. We talk through the poster below with children, linking it to our Rights Respecting learning, reminding children what we expect from each other and how we can support others to do their best. I have included the poster for you so that you can also remind yourself of our focus in school..

**Committed** - We are dedicated and devoted to being the best we can be.

Article 6: We have the Right to survive and develop to our full potential.

**Confident** - We believe in ourselves and in each other.

Article 12: We have the Right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously.

**Curious** - We are eager and ready to learn, and know about the world around us.

Article 29 – We have the Right to an education which develops our personality, talents and abilities to the full.

**Collaborative** - We learn, work and play well with others.

Article 31: We have the Right to relax, play and take part in a wide range of cultural and artistic activities.

**Compassionate** - We show kindness and respect others' feelings, backgrounds, beliefs and needs.

Article 2: We have the Right to be treated with respect and fairness.



PSFA

Welcome to all our  
Brindishe Manor families!

Coffee morning.  
Monday 16th September, 8.45 to 9.30am.

Everyone is welcome!

\*Taking place in the training room after the morning drop-off. Help us to reduce waste and bring your own reusable coffee cup.

\*Don't forget to sign in at the school office.



brindishe Manorpsfa@gmail.com  
Reg Charity number 1117178

## Drop-off

In order to support the morning drop-off, you can say goodbye to your child at the school gate and let them walk around to their classroom. There are plenty of adults in the playground and at classroom doors to help guide children to the right classroom. If your child is in Nursery, Reception or Year 1, you will of course still want to take your child in to class each day.

Please also can you make sure that your children come off their bikes and scooters when they move around the playground before and after school. There is also a mobile phone ban in school - please put your phones away as you enter the playground.



**No  
Mobile  
Phones**

## Secondary School Places

Our wonderful children from last year's Year 6 have settled into their secondary school and many have come back to show us their new uniforms and tell us about their learning so far. The schools that they have gone to are:

Beths 1  
Bexley Grammar 2  
Bonus Pastor 2  
Bullers Wood for boys 2  
Chislehurst and Sidcup 2  
Colfe's 3  
Conisborough 1  
Eltham College 1  
Eltham Hill 6  
Harris Academy Girls Bromley 2  
Harris Academy Falconwood 1  
Harris Academy Greenwich 1  
Kingsdale 2  
Knights Academy 1  
Newstead Wood 1  
Prendergast Ladywell 4  
Prendergast Vale 2  
St Matthew 8  
St Olave's 1  
Sydenham Girls 1  
Thomas More 1  
Thomas Tallis 15  
Townley Grammar 2  
Trinity 7  
Out of London 4



## Next week...

Our Year 6 children are on their 5 day residential trip to Swanage on Monday morning. We hope that they have a fantastic time and enjoy the sunshine that seems to be on its way!

Miss Porter and Miss Hockham are both accompanying year 6 on their residential, so will not be available next week. Please continue to send any emails to [info-BM@brindisheschools.org](mailto:info-BM@brindisheschools.org) but understand that they will not be responded to until the following week.

# PSFA

**Welcome to all our  
Brindishe Manor families!**

**Coffee morning.  
Monday 16th September, 8.45 to 9.30am.**

Everyone is welcome!

\*Taking place in the training room after the morning drop-off. Help us to reduce waste and bring your own reusable coffee cup.

**\*Don't forget to sign in at the school office.**



**brindishemanorpsfa@gmail.com  
Reg Charity number 1117178**





# World Food Night

Thursday 26th September  
5pm - 6.30pm.

Come along and meet other families, and enjoy some international food. Why not bring along a \*dish to share?

**\*No nuts and please clearly list all ingredients included.**





# Brindishe Federation Newsletter Friday 13th September 2024

## Rachel Waite, Executive Headteacher

Welcome back to all our Brindishe families. The holidays are now a distant past and the classrooms and corridors are buzzing with children beginning the new year, 2024-2025. As with any new year, we have been revisiting our vision and values and reminding ourselves of how we nurture a culture of mutual respect; how we celebrate our rich and diverse community that surrounds us; how we nurture inquisitiveness to become the best learners we can be and ensure we feel empowered to contribute to making a difference.

During the Staff INSET days, we were lucky enough to hear Lee Elliot Major talk about social mobility and social equity and took away many thoughts about our provision for our most vulnerable children at Brindishe Schools.

The new year is a good time to welcome our new children, families and staff to the Federation. All children and staff across the federation have settled back into school life and daily routines and already we have seen some fantastic learning. I would like also to take this opportunity to welcome our new chair of Governors, John Myres. John has been on the Governor Body for many years, so has a wealth of knowledge and experience about the Brindishe Federation.

We are looking forward to an exciting year ahead and working closely with parents/carers.

Have a lovely weekend, Rachel Waite

## Online Safety Bulletin

### *How much screentime does your child have?*

Childnet have produced this blog, which includes how to help your child with managing their screen time:

<https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>

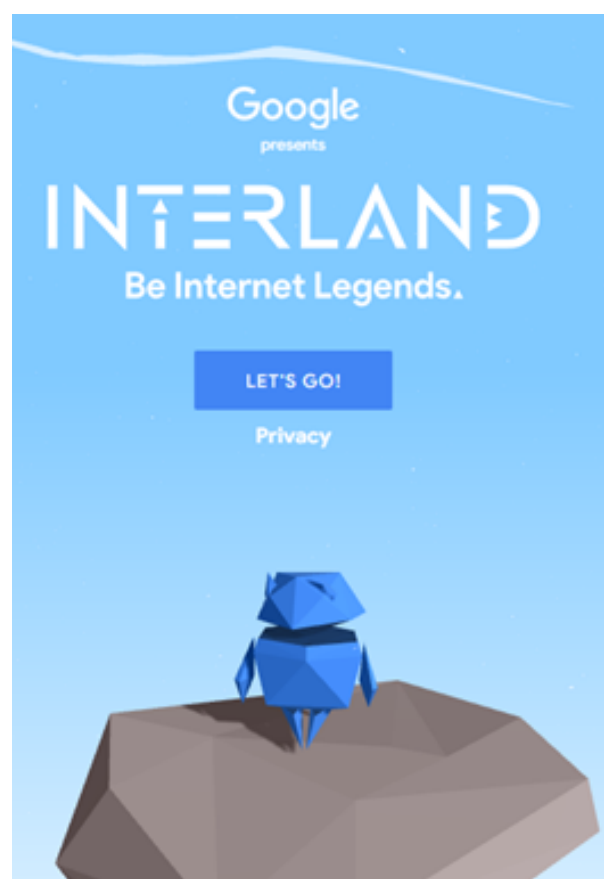
You may also be looking for activities to do with your child.

Google and Parent Zone have a great game called 'Be Internet Legends' by Google. It helps children feel safer and become more confident explorers of the online world. Be

Internet Legends is a free online safety education programme for UK schools. It teaches children the skills and behaviours to navigate their online lives – helping them learn to be Sharp, Alert, Secure, Kind and Brave.

You can access all the resources here:

[https://beinternetawesome.withgoogle.com/en\\_uk/interland](https://beinternetawesome.withgoogle.com/en_uk/interland)



# Twitter / X

Brindishe Schools Twitter/X accounts are now up and running. This is a social media platform managed by the school senior leadership team and designed for all of our parents and carers to enjoy. Follow your school to see regular news items focusing on daily school life. We will share celebratory news as well as pictures and images of key events and learning. Find us below on X .....

**@BrindisheGreen**  
**@BrindisheManor**  
**@BrindisheLee**



## Talking Teens

**Talking Teens** ~ is a free course for parents or carers of teenagers and pre-teens who are looking to better understand and communicate with their child. Talking Teens is a course that offers an opportunity to understand what's going on in the adolescent brain and how to understand your teens feelings and behaviours using an authoritative parenting style. Sessions will focus on relationships within the family, communication, negotiation, decision-making and strategies to reduce conflict.

Who would be eligible to attend this course?

- Parents and carers of pre-teens and teenagers who are currently in years 6 & 7 but there may be availability for years 5 & 8
- There is no physical or extremely challenging behaviour present in or outside of the family home. This course focuses on the importance of empathy and positive discipline
- Family must reside in Lewisham borough

The next course will be running on Tuesdays at Bellingham Family Hub on the following dates and times:

*Tuesday 17th September 2024 – 10am-12pm*  
*Tuesday 24th September 2024 – 10am-12pm*  
*Tuesday 1st October 2024 – 10am-12pm*  
*Tuesday 8th October 2024 – 10am-12pm*

# TALKING TEENS

All attendees are required to attend all 4 sessions. Address: Bellingham Family Hub, 109 Randlesdown Rd, London SE6 3HB

If you would be interested if Talking Teens, please speak to member of the Senior Leadership Team.

## Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - [rawaite@brindisheschools.org](mailto:rawaite@brindisheschools.org).

## Key Federation Dates

- **Shine Celebration** - Saturday 21st September
- **October Half Term** - Monday 28th October to Friday 1st November
- **INSET DAY** - Friday 29th November

# TRINITY LABAN

September 2024

King Charles Court,  
Old Royal Naval College,  
Greenwich, London SE10 9JF  
Tel: +44 (0)20 8305 4444

Laban Building,  
Creekside,  
London SE8 3DZ  
Tel: +44 (0)20 8305 9400

contact@trinitylaban.ac.uk  
trinitylaban.ac.uk

*Dear Parent / Carer,*

## Special Invitation to join Subsidised Dance Classes at Trinity Laban

*We'd like to offer your child a subsidised place to attend a regular dance class at Trinity Laban in Deptford. We train young people to become professional dancers and musicians as well as enable young people to dance for fun.*

**Your child is invited to join a dance class from the selection below:**

### **Wednesdays Contemporary Dance for 8-11 Years: 17.30-18.45**

*A subsidised place costs:*

*£2 per session (£1 per session if you book a block) if you receive Universal Credit / Free School Meals.*

*or*

*£4 per session (£3.50 per session if you book a block), if you do not receive Universal Credit.*

### **Saturdays Creative Dance Classes for 4-18 Years: classes between 09.00-14.30**

*Subsidised Saturday places are for families who receive Universal Credit / Free School Meals only.*

*£3 per session.*

*Classes take place Sept- July (term time) at the Laban Building, Creekside, Deptford SE8 3DZ.*

*More information about our classes can be found here:*

*<https://www.trinitylaban.ac.uk/take-part/>*

### **Interested to try a class?**

*Your child can try a taster class before committing to further sessions.*

*If you are interested please email: [youthprogramme@trinitylaban.ac.uk](mailto:youthprogramme@trinitylaban.ac.uk)*

*Please be aware that should the class be full we will place you on a waiting list.*

*If you have any questions please get in touch.*

*Best wishes,*

*Colette McAskill*

*Project Manager, Children and Young People's Dance Team*

*[youthprogramme@trinitylaban.ac.uk](mailto:youthprogramme@trinitylaban.ac.uk)*

*020 8305 9365*

Patron HRH The Duke of Kent KG Chair Alan Davey CBE Principal Professor Anthony Bowne

Trinity Laban Conservatoire of Music and Dance is a company limited by guarantee registered in England and Wales. Company no.: 51090. Registered Charity No.: 309998. King Charles Court, Old Royal Naval College, London SE10 9JF.





# GIRLS FOOTBALL ACADEMY

[www.southlondongirlsfootballacademy.co.uk](http://www.southlondongirlsfootballacademy.co.uk)

- ✓ Qualified & experienced coaches
- ✓ Individual player development
- ✓ Professional club curriculum
- ✓ Pathway to higher opportunities



**TRY A FREE TASTER SESSION**



**GREENWICH - TUESDAYS**  
Woolwich Poly Boys School

**LEWISHAM - FRIDAYS**  
Jubilee Grounds, Catford

**SUTTON - FRIDAYS**  
Cheam Common Junior Academy

**SOUTHWARK - SATURDAYS**  
Various locations

**BROMLEY - TBC**  
Coming soon

**SOUTH LONDON GIRLS FOOTBALL ACADEMY**



**ELEVATE POTENTIAL**

More Information  
07903 250202  
[contact@southlondongirlsfootballacademy.co.uk](mailto:contact@southlondongirlsfootballacademy.co.uk)