



Brindishe
Federation

Brindishe Federation Newsletter

Friday 14th July 2023

Summer Holiday Crash Courses with Better Leisure Centres

Short Swimming Courses

The Better Run leisure centres in Lewisham are doing 5-day short swimming courses at Forest Hill Pools and Glass Mill Leisure Centre - £40 for 5 days.

Forest Hill Pools: 24 July – 18 August 2023

Foundation classes - 9.00am, 9.30am 10.00am 10.30am 11.00am and then a Development Class at 11.30am - 12.00pm

Glass Mill Leisure Centre: 24 July – 1 September 2023

Foundation classes- 9.00am, 9.30am 10.00am and then a Development Class 10.30am – 11.00am

Parents can use the code SWIMHAPPY to save 25%

[TO BOOK CLICK HERE](#)

Inflatable Sessions

Throughout the summer holidays we will be running inflatable sessions at Wavelengths Leisure Centre, to book please [visit the website](#) and look for our Aqua Splash sessions and select your nearest centre.

Additional Family Swimming this summer

All centres across the borough (Forest Hill, Glass Mill and Wavelengths) will be running additional family swim sessions to [book click here](#) and look for our Swim for All sessions and select your nearest centre.

Football Domination

Will be running a football camp at Bellingham Leisure Centre for ages 5 -16 years from the 24th July - 11th August 2023
To find out more and to book [CLICK HERE](#)

Ballers Sports Coaching

Will be running a football camp on the 3G pitch at The Bridge Leisure Centre, for ages 10-14 and 15-19.

To book please call 0207 1013 652

You can also book activities via the Better UK app.





Brindishe Weekly Online Safety Bulletin

Microsoft Family Safety app

Does your child have a Microsoft device e.g. an Xbox?

If so, you can access the Microsoft Family Safety mobile app, which provides you with a variety of free features including:

- The ability to set screen time limits to devices, apps and games.
- Set content filters and block inappropriate apps/games.
- Additional features such as location sharing are available as part of a paid subscription.

To access the app, you will need to enter your mobile number or email address at the link below and Microsoft will send you a download link:

<https://www.microsoft.com/en-us/microsoft-365/family-safety>

Summer Holiday Vouchers

Lewisham Borough has confirmed that The Household Support Fund will continue to support children eligible for free school meals over the summer holidays. The available funding will assist these families at a rate of £90 per eligible child for the holiday.

Don't forget that families can also access free meals in the holidays by using the HAF (Holiday Activities and Food) programme. This will be additional to the provision made through vouchers. Vouchers should be distributed to all eligible children even if they have a place in the HAF programme.

A wide range of providers in Lewisham are supporting the delivery of the HAF programme, offering various fun-packed sessions, including arts and crafts, games, trips, food and sports.

The HAF programme is for Lewisham children and young people in receipt of free school meals to access FREE activities and food, in the core holiday periods, each child or young person is entitled to 16 Hours per week, (4 hours per day, 4 days a week). Providers will ensure to provide children / young people with

- a wide range of exciting activities to suit different ages and personalities
- fun physical activity sessions
- free, nutritious and tasty food

How to book: Parents / carers (in receipt of free school meals) book with the provider directly ~ all contact details can be found on the attached HAF summer programme and will also need the Lewisham code; ACCESS CODE OF LBLSUM23.

These spaces go very quickly, so we would encourage families to look through what's available and to book ASAP, for more detailed information on the Lewisham HAF programme please click on the link

<https://lewisham.gov.uk/myservices/young-people/holiday-programme-food-and-fun>



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Rights Respecting at Brindishe Schools – Article of the week

Article 42 - Everyone must know Children's Rights

Governments must actively work to make sure children and adults know about the Convention.

In Brindishe Schools we ensure that all of our teachers understand that they have a duty to make sure that children know about their rights and experience their rights in school.

List all the opportunities you have of learning about rights and experiencing them in school?

- In assemblies
- In lessons and topic work
- Rights are on displays
- By learning about rights issues locally and globally
- Through the school council, pupil council and rights respecting steering group
- By learning to respect others' opinions and differences
- Through class charters or agreements
- When adults listen to us and take our opinions seriously
- When we are treated fairly, and our dignity is respected
- Through campaigning
- Through our Eco and Fairtrade work

This video ['What are Children's Rights'](#) explains what children's rights are and where they came from. Watch the video and think about who might benefit from watching it?



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**EVERYONE MUST
KNOW CHILDREN'S
RIGHTS**